



MARY ANN STANCEL

**SPIRITUAL ENERGY
GUIDE COACH,
HEALER & MENTOR**

ABOUT MARY ANN

I'm passionate about creating sacred spaces for healing and embracing your truth.

I am an experienced and compassionate multidimensional multiracial intuitive energy practitioner, spiritual guide and mentor of Ignited Soul. With a deep commitment to healing and transformation, I hold sacred space for individuals, groups and festivals, supporting them in their journey to heal their hearts, calling their power back, releasing emotions and energy and embracing freedom, happiness and alignment in their lives. I am skilled at holding large spaces and understand the needs to create a successful event. I also mentor those in business and support their personal healing, marketing and social media needs.

AUDIENCE



10K+



1,600+



77.3 %



22.6%



25.6%



34%

SPACES I HOLD

- MEDITATION CLASSES/WORKSHOPS• CEREMONIAL CACAO
- COMMUNITY SOUND HEALING JOURNEYS CIRCLES
- OPENING MEDITATION SESSION FOR• BREATHWORK
- CONFERENCES AND FESTIVALS• MANIFESTATION TEACHINGS • SPACE CLEARINGS• LIFE COACHING
- ENERGY & GROUNDING• DRUMMING PRACTICES & TEACHINGS• SPIRITUAL GUIDANCE
- MENTORING SESSIONS• SOCIAL MEDIA GUIDE

I HAVE A VARIETY OF WAYS TO WORK WITH YOU AND CAN TAILOR MY EXPERTISE TO PROVIDE MEANINGFUL AND IMPACTFUL SUPPORT.

PAST COLLABORATIONS

i love it when.

The Heart Led Entrepreneur



OFF THE WAITLIST
PODCAST

THE
COAST

seattle refined

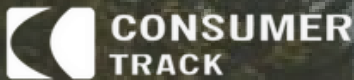
REDFIN | Blog



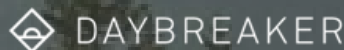
THRIVE ▲
COWORKING

VoyageLA

amazon
WOMEN IN BUSINESS



friends
of WATERFRONT SEATTLE



WELLNESS
ina
COLLECTIVE



CONTACT

+1 (206) 519-8121

MARYANN@THEIGNITEDSOUL.CO

SEATTLE, WA

M WWW.THEIGNITEDSOUL.COM